



Bethesda Country Club Swim & Dive Team FAQ's Summer 2018

Document posted Jan 12, 2018

Bethesda Country Club Swim Team FAQ's

Q: What is the difference between pre-team & swim team

A: Pre-Team is for swimmers 8 & Under who are comfortable in the water but, cannot swim a full length of the pool without assistance nor swim more than 10 meters on their back without assistance.

Q: What should I do if I am not sure if my child should be on pre-team or swim team?

A: Talk to Coach Liz. Some children begin the season in pre-team and as their skills improve they can move to swim team. Pre-team children can participate in the Black & Yellow, Kenwood Developmental, and Lollipop meets.

Q. Are private/small group swim lessons available?

A: Yes. If there will be more than one swimmer in the lesson, please apprise the instructor in advance.

Q. How do I sign up for private swim lessons?

A: Lessons can be scheduled through the swim coaches or the pool concierge. Lessons can be scheduled after the swim office opens on Memorial Day Saturday.

Q: How many meets does my child need to swim in to receive a participation trophy?

A: 3 meets. Not including lollipop meet, time trials, Kenwood Invitational nor Black & Yellow.

Q: Who decides which teams we swim each summer ?

*A: CCSDA (Country Club Swim Dive Association) has 3 divisions. A , B & C division. The divisions are determined by combining a team's total number of points given for dual meet wins, Divisionals & relays with each teams score from champs. Teams with the top 5 highest scores are in A Division, 6-10 B Division and 11-15 C Division
This summer Bethesda is in A Division with Congressional, Army Navy, Washington Golf and Kenwood*

Q: What is a "B" Meet?

A: A "B" Meet is a meet that is scheduled with a team that is not in our division. Swimmer's times count from these meets but neither individual nor team points are earned

Q: Are all meets "full participation" meets or are some selective?

A: All meets are "full participation" with the exception of Divisional Relays, Divisionals & Champs. These meets are based on best times and coaches will post names of swimmers prior to these meets.

Q: Why do I have to volunteer three times a season?

A: It takes approximately 30 volunteers from each team to run a swim meet. Parents are needed to be timers, certified officials (stroke and turn, referee, starter) and table workers recording times and writing ribbons.

Q: Can my child have a choice what they swim in each meet?

A: Swimmers can express an interest in swimming specific strokes to coaches but, coaches ultimately decide what each person swims. Decision is based on:

- a. the number of swimmers on the other team i.e., we want even BCC and opponent swimmers in each heat*
- b. number of lanes at the pool i.e., when we swim at 8 lane pool we can have more swimmers in each event*
- c. a swimmer's ability to "legally" swim a stroke*

Q: Who organizes Bethesda Country Club Swim/Dive

There is a Swim/Dive Committee composed of parent volunteers. The BCC employee staff representative in charge of Swim/Dive is Jeff Thompson.

- 1. 2018 Dive Team Rep – Marc Marlin*
- 2. 2018 Swim Team Rep- Kim Groves*
- 3. 2018 Head Coach- Liz Melillo*
 - a. Spirit Wear & Team Suits- To be determined*
 - b. Black & Yellow & Social - To be determined*
 - c. Communications- To be determined*
 - d. Champs Meet Champions- To be determined*
 - e. Pre-Team/Lollipop Meet- To be determined*
 - f. Slide Show- To be determined*
 - g. Masters Swimming- To be determined*
 - h. Deputy of Everything/Overall Support- To be determined*

Q: How do I join the Swim/Dive Committee?

A: Committee member are asked for a 2 year commitment. Please reach out to the current volunteer and express your interest if you would like to help in the future.

Q. When do I need to let Coaches know that my child won't be at a meet?

A. There sooner the better. Please tell either Coach Liz at least 48 hours before the swim meet.

Bethesda Country Club DIVE Team FAQ's

Q: What is the difference between pre-team & dive team

A: Pre-Team is for divers 8 & Under who are comfortable in the deep water and willing to jump off the board. Dive team is for children willing to jump off the board forward, and ready to learn to jump backwards, diver forward, and learn other aerials etc. Pre-Team will not compete in meets.

Q: What should I do if I am not sure if my child should be on pre-team or dive team?

A: Talk to the Coach. Some children begin the season in pre-team and as their skills improve they can move to dive team.

Q: How many meets does my child need to dive in to receive a participation trophy?

A: 3 meets.

Q: Who decides what teams we dive each summer?

A: CCSDA (Country Club Swim Dive Association). Unlike swim, there is only one division, and every club has a meet with one another.

Q: Are all meets "full participation" meets or are some selective?

A: All meets are "full participation" with the exception of Champs and All Stars. Champs selection will be based on meet performance scores and ultimately at the discretion of the Coach. Divers must compete in a at least 3 meets to be Champs eligible. Children not competing at Champs, but have met the 3 meet requirement can compete in All Stars.

Q: Why do I have to volunteer three times a season?

A: It takes approximately six volunteers from each team to run a dive meet. Parents are needed to be judges and table workers.

Q: Can my child choose what they dive in each meet?

A: Yes. Divers will work with the coaches to determine their dive list for that meet.

Q: What are the age brackets?

A: Divers compete by age group (8 and under, 9/10, 11/12, 13/14, 15-18), and further divided by male and female. Age designation is determined by the child's age as of June 1st. Divers can "dive up" an age group as mutually determined with the Coach.

Q: How do I schedule private dive lessons?

A: Private lessons are available as scheduled directly with the coach. There will be one hour per day (typically 12:30 – 1:30) in which a board may be reserved for private lessons, in 30 minute sessions.